

# Spring Seminar

APRIL 21-22, 2023

CHEYENNE MOUNTAIN RESORT  
COLORADO SPRINGS, COLORADO

## Steno Swap

Join us Friday night for a steno swap!

## CRCR Exam

The Colorado Realtime Certified Reporter Examination will be administered early Saturday morning.

## Getting Sh\*t Done

Are you stressed out? Working evenings and weekends on transcripts? Take your evenings and weekends back! Learn from **Allison Hall, RDR, CRR, CSR**, how to run your schedule so it doesn't run you. Time to up your efficiency, increase your productivity, and reduce your anxiety in this high-stress, high-demand field.



## Phrase Hard, Write Short

Phrasing is the key to short writing. In this session **Allison Hall** will teach you a system of phrasing that is easy to understand, possible to implement, and will leave you writing much shorter, with an overall cleaner file come editing time.

## Tech Talk

Join the gadget guru, **Mike Hensley, RDR**, in a fast-paced session where you'll discover the tech gadgets and apps that you can start using now to make your personal and professional life just a little bit easier. We'll also discuss new trends in technology and how to keep your finger on the pulse of what's coming ahead and find your own gear for the future.



## Fear No Techno

You may have the belief, or some similarly limiting idea, that it's "too overwhelming" to integrate technology into your everyday personal or professional practice. In this seminar, **Mike Hensley** will shatter those limitations and open your eyes to the ways you can easily and effectively make technology work for you and not against you so that you can become your very own tech wizard and finally "work smarter, not harder."